

Use of LM potency

# Corneal Ulceration

# The case

- A 11 year old child, started suffering from redness of eyes with watering from eyes, followed by high fever [1050C]. Even after allopathic treatment, he was uneasy and got admitted in hospital. After inducing saline, he got rashes all over body.
- There was white discharge from the eyes and he was not able to open the eyes.

- Since beginning he had white spots on Lt. Cornea and got operated for that. Near vision was normal, but distant vision was blurred and hazy.
- Difficulty to see small letters from one ft. distance and has to hold book near eyes to read.
- Eye pain < in sun, light, wind and draft of air.
- No tear formation. Taking treatment, which keeps the eyes moist.

- Because of his problem, he can't go to school and is missing his studies.
- He feels that he will not be promoted.
- Good in studies.

(O) A badge of Indian National flag on his T-shirt.

- **D:-** Are you patriotic?
- **P:-** Yes.
- **D:-** Tell about that.....what do you want to be when you will grow up?
  
- He wants to be a Pilot and join Air Force.
- He likes planes, they go in the sky.
- He wants to fight for our country.

- Our country should have freedom. No one should come and rule our country.
- Everyone should have some respect and no one should be treated badly.
- Hindu-Muslims should be treated equally.
- He likes cricket, esp. spin bowling. His favorite is Dhoni as he scores and keeps well too. Feels bad when India loses.
- Always fights back and protects those who are weaker. He is very strong and confident.
- Takes part in long races.

Anxious and worried before exams.

Fear of people, death and blood.

Startles with sudden noise.

Good memory.

Because of allopathic treatment, suffering from mouth ulcers and there was difficulty in swallowing even a sip of water.

There are white patches on his skin. Initially bubbles used to come first on hands and then over whole body. They were painless and used to burst.

Cough < on change of weather, exertion, having head-bath, lying on back and with smoke.

Perspiration ++, more on forehead, face, ears, chest, armpits and palms. Sweat is warm and sticky with foul smell.

< in summer, after playing and climbing stairs.

Tight clothes disagreeable.

In a crowd or closed room, claustrophobic.

Cr:- Carrots, tomatoes , pav-bhaji\_and spinach.

Av:- Eggs.

Dreams:-

I am playing cricket and break a tube light. Then ran away.

O/E:-

Stray ronchi.

## As Told By Parents:-

He is very strong willed.

He controls us and say, “ Don't cry, I will be OK.”

Even when he had bubbles all over, he managed without any crying.

Pain tolerance is very high.

He is hot-headed and disobedient sometimes with mother.

He is afraid of father.

Stays alone but more secured with parents.

Throws things in anger, can't control.

Breaks things.

Does not adjust. Doesn't like changes in programmes.

Can't tolerate things going against his wish.

Whatever he decides does it at any cost.

Positive thinking +++

Fights with others on our behalf.

Gets disturbed with parent's fights.

Likes cleanliness, very fastidious and organized.

Likes to do things in order and systematically.

# Case Analysis:-

## Kingdom:- Mineral.

- Relationship.
- Performance.
- Attack and defense.
- Organized and fastidious.
- Firm.

## Sub Classification:- Periodic table

- 4<sup>th</sup> Row:-

- Security and task.
- Attack and defense.
- Protection.
- Safety.
- Job.
- Home.

- 8<sup>th</sup> Column:-

- Perseverance.
- Resistance.
- Stamina.
- Endurance.
- Determination.
- Strong will-power.
- Strong minded.
- Positivity.
- Strength.
- Persistence.
- Focus.

## THEME:-

“I must protect and defend. I have to resist the pressure and opposition.”

The person is compelled to do something against his/her wishes and he/she has to fight against it.

**Remedy:-**

**Ferrum Met 200.**

## First follow up after 15 days:-

Eyes were opening nicely.

Redness was less.

Eye pain is less.

Itching in eyes till 'Refresh Liquigel' is not used.

Can stand the glare without goggles for a bit longer.

Went to school for 8 days then stopped due to fever and cold and cough.

Tired feeling 3+.

He likes to use talcum powder.

Impatient and restless.

O/E:- Stray wheeze.

Dose:- SL.

## Second follow up after 45 days:-

Fever on and off in past 5-6 days.

Taken crossed powder [Ferr Met 200] in aqueous form, 9-10 tsp.

Tiredness

Vision 50% better.

O/E:- Stray wheeze.

Dose:- Ferr Met 200.

## Next Prescriptions:-

1) After 2<sup>nd</sup> follow up, skin was much better.

Even eye complaints were quite less. Distant vision was better

than before. There were occasional headache and giddiness and vomiting episodes.

Cough, dry < laughing, morning. [Phos].

He started school again.

Extremities Pain.

Tired feeling after coming from school.

Likes to use talcum powder [Ferr Phos].

**Dose:-** Ferr Phos 200.

2) Ferr phos didn't help him much.

Skin bubbles with itching on hands and back reappeared.

Eyes painful again, though not all the time.

Eyes red, itching with white discharge from eyes.

Fever and bodyache on and off.

Cough was not better.

Continuous cough with white expectoration.

Retching with cough.

Chest pain after coughing.

Headache and fever.

Tired feeling after school.

Fidgety 3+.

Twitching of facial muscles.

(O) Evades look.

Unable to attend school.

**Dose:-** Zincum Met 200.

## Explanation:-

### Kent:-

Twitching around corners of mouth.  
Jerks in the body on going to sleep.  
Aggravation from hunger.  
Appetite increased.  
Restless, hands.

### Phatak:-

Restless, legs.  
Epilepsy, petit mal.

## Sankaran:-

Zinc belongs to the first line of metals in the Periodic table.

The remedy has the theme of attack and defence.

Patients have tremendous anxiety. Therefore there is a constant excitement of the nervous system.

There is a ready alertness which is manifest by twitching, jerking or by constant restlessness of the legs.

Fidgety 3+.

After a period of excitability of the brain and tremendous restlessness, the Zincum patient can go to the other extreme, which is tremendous dullness, fagged out feeling.

Muddled and suffers from brain fatigue.

# Sub-Classification

- **4<sup>th</sup> Row:-**

- Security and task.
- Attack and defense.
- Protection.
- Safety.
- Job.
- Home.

- **12<sup>th</sup> Column:-**

- Threat.
- Attack.
- Struggle.
- Alert.
- Vigil.
- Constant watch.
- Unsuccessful efforts.

## THEME:-

Constant attack to position of protection.

Difficult to take anymore.

## Follow Up after Zincum Met:-

Zincum Met 200 didn't hold him much, so he was shifted on 1M.

## After Zincum Met 1M:-

Cough was reduced.

Eye redness markedly reduced.

Fever and chill nil.

Fidgety, restlessness and twitching of facial muscles were reduced.

## Next Follow Up:-

(O) restless feet.

Slight cough/cold < morning.

Eyes pain < strong wind.

Discharge slight from eyes but does not sticky.

Rt. eye also red now.

< stress at school.

Cannot see from Lt. eye on closing Rt. eye.

Hands and feet ache.

Multiple black patches on body.

Light reflecting on black board affects vision [sits on 3<sup>rd</sup> row].

O/E:- Chest clear.

**Dose:-** At this stage, the need for LM potency was indicated.

The case required 1 M frequently and sensitivity was very high.

It started affecting Rt. eye.

**Dose :-** Zincum Met 0/1 [15 tsp/5 jerks].

## After zincum Met 0/1:-

Eye pain and discharge from eyes.

Eyelid swollen. Red.

Not going to school.

Vision reduced, could not see black board clearly.

Giddy spells?

After a month, stepped up to Zincum Met 0/2 [ 15 tsp/ 5 jerks].

## After Zincum Met 0/2:-

-

S.Q.

Giddiness still present.

**Dose:-Zincum Met 0/2 [15tsp/ 8 jerks]**

After Zincum Met 0/2 [15tsp/ 8 jerks]:-

S.Q.

**Dose:-** Zincum Met 0/3 [15 tsp/5 jerks with super dilution]

After Zincum Met 0/3:-[15 tsp/5 jerks with super dilution]

Redness still there.

No itching and pain.

Discharge +.

Giddiness nil.

**Dose:-** Zincum Met 0/3 [ 15 tsp/ 8 jerks] with super dilution.

After Zincum Met 0/3 [ 15 tsp/ 8 jerks] with super dilution:-

Redness is still there

Fever slight.

Neck pain, burning, cannot move his neck.

Weeping.

**Dose:-** Zincum Met 0/4 [ 15 tsp/ 5 jerks] with super dilution.

After Zincum Met 0/4 [ 15 tsp/ 5 jerks] with super dilution:-

Pain reduced, but < jerks.

Headache on and off.

**O/E:-** tender post-cervical gland at Rt. side.

**Dose:-** Continued Zincum Met 0/4 for almost 2 months.

## Follow UP:-

He was better.

But yet feeling giddy.

Gland is better.

Cough on and off < morning.

Lt. eye Redness +.

0/4 was stopped in between for few days.

**Dose:-** Zincum Met 0/5 [15tsp/ 5 jerks/ every 4<sup>th</sup> day] with super dilution.